

# CONSCIOUS PARENTING In the Light of Anthroposophy 2017

An initiative of *Developing the Self Developing the World*

By understanding the healthy stages of child development alongside the qualities each child brings with them, we strive for what is needed to bring balance, and provide experiences and an environment that will support the child to unfold and grow in freedom so that they may meet the world as conscious adults.

We walk this path beside them, guiding and nurturing them. We are called in our task as caregivers to be aware of our own growth, our own capacities and what lives in us. What we provide now helps to lay the ground for the future.

Over the weekend of the Conscious Parenting course we will be exploring each of the twelve senses and uniting this with an understanding of constitutional tendencies. Through working with the insights of anthroposophy alongside our individual enquiry we can come to perceive how to nourish and support these processes. How do we restore balance and maintain a state of well-being in those we care for? What truly nourishes children given the times we live in?

**APRIL 29 & 30**

9am to 2.30pm

**BELLINGEN**

Chrysalis Steiner School

**MAY 13 & 14**

9am to 2.30pm

**BYRON BAY**

Cape Byron Rudolf Steiner

Suggested contribution \$160 - see note (Includes lunch)

## **Developing the Self Developing the World**

Through the foundations seeded by Inner Work Path, Developing the Self Developing the World has emerged as a growing social form, which delivers community education. Individuals are encouraged to contribute and participate freely and responsibly in a way that benefits the greater good. It is based on the three-fold social order that Rudolf Steiner introduced as a progressive way to work in one's task in the world. Of importance is the striving to recognise an individual without making distinctions or stereotyping based on outer characteristics, social standing, race, sex, gender, religion or culture.

It is established as a not for profit organisation for the benefit of world development. Any profits are directed to initiatives created or endorsed by *Developing the Self Developing the World* to assist young people. It is a volunteer organisation that accepts donations and bequeaths.

There is currently a group of people working in the fields of education, health and the arts who direct and administer the organisation. They are joined by a wider circle of people including practitioners, social workers, teachers, craftspeople, artistic directors and farmers who help to deliver activities and services. Developing the Self Developing the World members have been working collegially in their fields for many years.

## **Facilitators for Conscious Parenting 2017**

Fiona Mackenzie, Melanie Deefholts, Katherina Kiss and Louise Schnitzhofer

**Contribution** - The intention is for the work to be ongoing and inclusive so that it is accessible to everyone. You are invited to pay either the suggested contribution of \$160, or if you cannot afford the full contribution you are free to pay what you can. Surpluses go to *Y Project*.

## **BOOKINGS & ENQUIRIES**

**0407 327 812 [developingtheself@gmail.com](mailto:developingtheself@gmail.com)**

**[www.developingtheself.org](http://www.developingtheself.org)**