

Movement for Education

Childhood and movement belong together yet in children today we increasingly observe the impact of a pressured, technological, sedentary, risk-cushioned and nature-disconnected world. These influences show themselves in inactivity, inflexibility and in a lack of self-awareness and self-control, both in the classroom and at play.

Movement for Education is designed to respond by helping Lower School teachers develop skills for working with movement in the classroom, that supports children to inhabit their bodies through healthy actions and sound rhythm, with well-activated lower senses and joy in movement. You will be introduced to a variety of movement disciplines inspired by an anthroposophical understanding of the human being. These are developmentally responsive and integrate all aspects of the child: body, soul and spirit.

Three experienced and passionate teachers will lead the workshop: Sue Simpson with eurythmy exercises, Sally Davison and Blossom Rubsamen with indoor and outdoor games and activities that will inspire and stimulate fresh approaches.

Workshop 1

Focus: Classes 1-3, the 6–9-year-old

Dates: September 27th- 30th

Cost: \$545 +GST \$54

Early-bird: 10% discount if you book before August 31st

For schools: 10% discount for two or more attendees

NB: Member schools can apply to Steiner Education Australia for funding support for this course

Registration: pacifica.eurythmy@gmail.com