



CHRYSALIS STEINER SCHOOL

educating the whole child

Permission Note for Attendance at Class 6, 7, 8 Nature Connect Transition Camp 2017

I give permission for my child _____ to go on the Chrysalis Class 6, 7, 8 Camp from Wednesday 8th March to Friday 10th March inclusive; meeting at the Bellingen Swimming Pool Carpark at 8.30am leaving for Thungatti Camp Ground in the New England National Park and returning to Bellingen, Park St. bus stop at 4pm on Friday.

I understand that my child will be:

- Travelling by hired bus with licensed bus driver.
- Participating in bush activities, cooperative games, bush walking and campfire activities.
- Accommodation will be in tents with own sleeping gear.

I _____ authorize the teacher in charge of the camp to seek medical attention for my child _____ should the need arise.

In case of emergency/illness I have provided the following 3 contact numbers:

Name _____ Parent Phone Number _____

Name _____ Friend Phone Number _____

Name _____ Relative/Friend Phone Number _____

I understand that my child must follow the directions of the Teachers and Supervising Adults on Camp. Should my child fail to follow instructions or behave in a manner that is dangerous to the child and/or others; the teacher may decide to send my child home. I understand that I am responsible for the costs associated to bring my child home should this need arise.

Parent Signature _____ Date _____



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CONFIDENTIAL

This information will only be released to Camp Supervisors
Please return to Class Teacher in an envelope as soon as possible.

CHILD'S NAME: _____ DATE OF BIRTH: _____

HOME ADDRESS: _____

PHONE NO: _____ MOBILE NO: _____

EMERGENCY CONTACT _____ PHONE NO: _____

Does your child have a medical condition or sickness of which we need to be aware? eg: Asthma If YES please provide additional information:	YES / NO
Has your child any allergies? eg: medication, foods, stings, bandaids etc? If YES please provide additional information.	YES / NO
Does your child have any special food requirements? eg. Vegetarian, lactose intolerant If YES please provide clear written instructions	YES / NO
May Panadol be administered to your child if deemed necessary?	YES / NO
May Homeopathic First Aid be administered to your child if deemed necessary?	YES / NO
Is your child susceptible to travel sickness / nightmares / bedwetting (please circle if YES)	YES / NO
Does your child require any regular medication? If YES please provide clear written instructions - include Name of medication, dosage, times of administration the medication itself must be clearly labelled with your child's name (Complete overleaf if relevant)	YES / NO

Signature Parent / Guardian

Details of Medication to be given on Camps

Parent/Guardian to complete & return to Class/Camp teacher

Camp Name & Dates:

Student Name:

Date of Birth; Class

Name of Medication to be given:

Route of administration:

Dose:

Times to be given each day:

Name of Medication to be given:

Route of administration:

Dose:

Times to be given each day:

Parent Name

Parent Signature



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Nature Connect Camp is a united approach with CEL and Chrysalis to assist young people aged 12-14 years to develop interpersonal and intrapersonal skills, an increased sense of connection to nature and empowerment in their understanding that they are part of the interconnected web of life on many levels.

Connections: How do our actions affect ourselves, how do they affect the earth?

We = Earth.

Itinerary

Wednesday 8th March

Meet at Swimming Pool parking lot at 8.30am to leave by 9am to New England National Park – Thungatti Camp Ground

- 11.00 Arrive, morning tea
- 11:30 Community meeting + Tribe game (6 tribes)
- 11:45 Set up Camp: divide group into tribes, - each tribe will set up a prescribed number of tents for grade 6, 7, and 8 without knowing where they'll be sleeping.
- 1:15 Lunch – students packs lunches and morning tea. – Introduce theme of Zero Waste – “take what you need, eat what you take”, show the kids the food waste bucket and compost bucket etc.
- 2pm Session 1 Icebreakers/games
- 4pm Afternoon tea
- 4.30-6.00 Session 2 Core Routines/Sit spots – half the group 45min sit spot, half the group practices core routines.
- 6.30 Dinner
- 8pm Evening Activity – Drama Games
- 9pm Bedtime

Thursday 9th March

- Optional Sunrise at Point Lookout
- 7.30 Breakfast
- 8.30 Sit spots
- 9:00-9:15 Journaling time
- 9:15-10.45 Rotation 1 The Wheel of Nakoia/Deep Ecology- Values Clarification/Nature Art session
- 10.45 Morning tea
- 11.30-1.00 Rotation 2 The wheel of Nakoia/Deep Ecology- Values Clarification/Nature Art session
- 1:00-2 Lunch
- 2-4 Rotation 3 The Wheel of Nakoia/Deep Ecology- Values Clarification/Nature Art session
- 4pm Afternoon tea
- 4.30-6.00 Session 5 –“Eagle Eye “
- 6.00-6.30 Groups meet up – perhaps hint at evening activity so tribes can start prepping...
- 6.30 Dinner
- 8pm Evening Activity – discussion/debate on waste
- 9pm Bedtime

Friday 10th March

- Optional Sunrise at point lookout
- Pre Breakfast Journal time
- 7.30 Breakfast
- 8.30 Whole group cooperation game
- 10.30 Morning tea
- 11.00 pack up camp
- 1pm Closing circle/lunch
- 2pm Depart arrive back at 4pm at Park Street bus stop Bellingen



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WHAT TO BRING TO NATURE CONNECT TRANSITION CAMP **March 8,9,10 2017**

NOTE: *Be aware that it can get really cold (0-5 degrees) on the plateau at night so bring layers.*

Clothes

- Board shorts or shorts x 2
- 1 raincoat **MUST NOT BE COTTON**
- beanie
- Hat with wide brim
- Long pants/leggings x 1
- Warm jumper
- Sneakers/walking shoes
- Socks x 3
- Warm Pyjamas
- T-shirts x 2
- Undies x 3

Toiletries:

- As required (toothbrush, toothpaste, comb, brush etc)
- Sun cream, lip balm
- Insect repellent
- Only roll on deodorant (NO AEROSOLS)

Equipment:

- Cup, bowl/plate, knife, fork, spoon, tea towel, in a drawstring bag with your name on all utensils.
- Head torch or hand held torch

Bedding:

- Sleeping bag (0 degrees) If not 0, bring inside layer fleece.
- Sleeping mat
- Pillow

Day Pack:

- Water bottle -1 litre
- Lunch/ morning tea/ afternoon tea - in paper bag (for first day)
- sketching journal
- Include a reading book, bus activity items i.e. playing cards, games, pencil case etc. hat, sunscreen, raincoat and wear your socks and walking shoes.

NOTE: No electronic devices (ipad, phones, kindles) & no lollies